H1N1 Flu Season – By the Numbers at UCI

Thanks to everyone who participated in planning, organizing and conducting the clinics. Your commitment to the health and well-being of the UCI campus community is noteworthy beyond belief.

- **1240** – Students seen by Student Health Center with Influenza Like Illness (ILI) through 1/8/2010
- **3** – H1N1 Clinics conducted with campus staff/volunteers
- **2** – H1N1 Clinics funded by Kaiser Permanente and sponsored by UCI Wellness and Safety Partnership
- **515** – Volunteer hours contributed by School of Nursing
- **4467** – Total vaccinations delivered (shot and nasal spray)
- **638** – Vaccinations delivered in single busiest hour (noon to 1:00, Nov. 23)
- **12** – Departments engaged and committed to make it happen
- **45, 120, 12** – Extra large pizzas, liters of soda, pounds of salad eaten by volunteers
- **Free** – Cost to students, faculty and staff receiving vaccinations
- **Priceless** – Protection against H1N1 flu

Be a Smart ‘Eater’ on Campus

Since the inception of the campus in 1965, EH&S has been conducting periodic routine health inspections of all campus dining facilities. Health inspection reports are available for patron review at each facility upon request.

Any comments or concerns about dining facilities on campus may be directed to UCI Hospitality and Dining Services at x41492 or to EH&S at x46200.

Did you know that the School of Medicine opened their new eatery in February? The Med Ed Café is located adjacent to the first floor veranda of the Medical Education Building.

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**Inside This Issue**

- Thanking our Safety Partners 2
- Stay Sharp about Medical Sharps! 2
- Ergo Showroom 2
- Preventing Slips, Trips, and Falls 3
- Lab Safety Problems 3
- Wellness Fair 4
- YouTube Contest! 4

**Mark Your Calendar**

- March 16, 2010 Staff Assembly 12th Annual Pancake Breakfast
- March 20, 2010 Spring Begins
- March 25 - 26, 2010 Campus Closure & Cesar Chavez Holiday
- April 21, 2010 Admin Professional Day
- April 22, 2010 Earth Day
- May 19, 2010 Wellness & Safety Fair
- May 31, 2010 Memorial Day Holiday
- June 3 - 13, 2010 Graduation Ceremonies
Thank You to our Safety Partners - Spring 2010

EH&S recently recognized and rewarded the following people for engaging in activities and behavior that foster a safe work environment.

**ADMINISTRATIVE AND BUSINESS SERVICES**

**Facilities Management**  
*Gilbert Munoz*  
**Safe Act:** Replaced the gas-operated radiant heater because of the strong gas odor.

**Christopher Medina**  
**Safe Act:** Provided significant assistance in the completion of LOTO written procedures for required equipment at Central Plant.

**SCHOOL OF THE ARTS**

**Arts-Studio Art**  
*Jesus (Rudy) Vega*  
**Safe Act:** Requested Facilities to hard wire the black and white processor in the Photography Lab and provide a power switch on the wall to eliminate the need to climb a ladder to plug into the extension cord.

**Juan Tapia**  
**Safe Act:** Reported a potential slip/fall condition on a major walkway in front of the grounds department.

**Matt Ulrich**  
**Safe Act:** Identified the residual airborne dust from grinding and sanding operations in the shop and recommended the purchase of the Jet AFS-200 Air Filtration System which removed a majority of the residual particles.

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**Stay Sharp about Medical Sharps!**

Sharps are any device having acute rigid corners, edges, or protuberances capable of cutting or piercing skin or regular waste bags. Some examples include needles, razors, scalpel blades, broken glass and plastic, Pasteur pipettes, pipettes, pipette tips, capillary tubes, microscope slides and other sharp-cornered objects. Medical sharps are those contaminated with human or infectious material.

Follow these safety policies on medical sharps disposal to ensure proper use and disposal:

- To obtain medical sharps containers, go to:  
  [http://www.ehs.uci.edu/apps/waste/emptycontainers.jsp](http://www.ehs.uci.edu/apps/waste/emptycontainers.jsp)

- Never recap or disassemble needles after use. Simply discard the entire unit in the sharps container.

- Use safety engineered sharps when working with pathogens and other biohazardous agents.

- When full, close container and place it inside the biohazard bin. If you do not have a scheduled pickup, arrange for pickup at [http://www.ehs.uci.edu/apps/waste/biocollect.jsp](http://www.ehs.uci.edu/apps/waste/biocollect.jsp).

If you have any question about medical sharps, please visit [http://www.ehs.uci.edu/programs/enviro/Sharps%20Guidelines.pdf](http://www.ehs.uci.edu/programs/enviro/Sharps%20Guidelines.pdf). For questions regarding biosafety, please visit [http://www.ehs.uci.edu/biosafe.html](http://www.ehs.uci.edu/biosafe.html) or contact the campus Biosafety Officer at 949-824-9888 or ibc@uci.edu.

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**ERGO SHOWROOM**

Visit the ergonomic equipment demonstration showroom! Test the capabilities of ergonomic chairs, keyboards, pointing devices, document holders, footrests, and other ergonomic equipment. Make an appointment to visit the showroom by contacting EH&S at (949) 824-6200.

For more UCI Ergonomics information:  
Preventing Slips, Trips, and Falls

According to The Bureau of Labor Statistics, in 2008 there were more than 234,000 workplace injuries involving slips, trips, and falls. Over 600 fall injuries resulted in fatalities. Slips, trips, and falls can account for almost 20 percent of all workers compensation costs.

Slips and trips can be caused by many factors including wet surfaces, spills of wet or dry substances, uneven surfaces, obstructions, or the wrong type of shoes.

Most falls are from slips or trips at ground level. You can protect yourself from falls by following these safety measures: Make sure hallways, stairs, and work areas are properly lit. Keep aisles and walkways clear of obstructions. Wear shoes appropriate for the job such as low heeled shoes with nonskid soles.

Be Safe on Stairs
Loss of traction causes many stairway slip and fall accidents. Because stairs are so common, it is easy to forget that they can be hazardous. Prevent falls on stairs by:

⇒ Always using handrails when on stairs
⇒ Walking at a steady pace, not running
⇒ Only carrying loads that you can see over
⇒ Reporting any unsafe conditions promptly including broken stair treads, floorboards, or handrails.

Using Ladders
Falls from ladders can be very dangerous. Follow these guidelines to help make working with ladders safer:

♦ Use the appropriate ladder for the job and make sure it is set up properly
♦ Inspect the ladder before use and do not use a ladder that is damaged or in disrepair
♦ Allow only one person on a ladder at a time unless it is designed for multiple users

The Top 10 Most Repeated Lab Safety Problems

To help control hazards in the laboratories, EH&S inspects at a frequency determined by factors like hazard level, past safety performance, and accidents. In these inspections, EH&S researches if a problem occurred before in the lab. Listed below are UC Irvine’s top 10 most frequently repeated lab safety problems. As an SOS Individual Safety Activity Opportunity, self-check your lab to control these frequently repeated hazards and place a record in the SOS Binder.

1. Are tippable items >42” high seismically restrained? If not, submit an Facilities Management Request (FMR) today to brace these items.
2. Heavy or hard items secured/or stored lower? These are items that will seriously hurt you if they fall on you.
3. Are storage shelves provided with lips or taut cords/wire? If not, install yourself or submit a FMR.
4. Are gas cylinders capable of tipping secured? Chain or anchor all compressed gas cylinders.
5. Is housekeeping up-to-standards? Remove trip hazards, spilled chemical residuals, paper clutter on work surfaces and walls, stacked broken equipment, and old, tattered and stained bench pads.
6. Are trash cans and paper located away from heat sources? Rule of thumb is over 3 feet.
7. Have all lab members completed their Safety Training Self-Assessment in TED? (Note: TED is moving to UCLC in Spring 2010).
8. Is the lab keeping CiBRTrac (ucirvine.ecompliance.net) up to date {ChemInnovations At Physical Sciences}?
9. Are electrical cords and plugs in good repair? Submit a FMR to repair cords and plugs when cracked, broken, or frayed. Take a look at cords for older hot plates, refrigerators, and freezers.

Lab Representative_______________________ Date___________
Congratulations to the winners of the YouTube Flu Prevention Video Challenge sponsored by Environmental Health & Safety

First Prize ($500 gift card):
Ali Mir, Suleyman Kazmi, and Asad Traina (Flu Fighters 2010)

Second Prize ($100 gift card):
Carissa Nicole Cruz (Yaz Productions)

Third Prize ($50 gift card):
Vanessa Hope Rojo (Rojo)

Third Prize ($50 gift card):
Nina Lam (Neener’s Lambchop)

Contestants represented undergraduate students from diverse backgrounds including Public Health, Biological Sciences, Studio Arts, and Political Science - all of which used their creativity, effort, and skills to help spread awareness to the UCI campus on flu prevention. Whether it was a movie parody, original skit, professional public service announcement or cute sing along, they all had the same message: wash your hands, cover your cough, and stay home when sick. To view all submissions to this competition please visit http://www.ehs.uci.edu/apps/prevention/FluVideoContest.html. For all flu-related information, please visit http://www.ehs.uci.edu/flu. Remember, it is still flu season so spread the word not the flu.