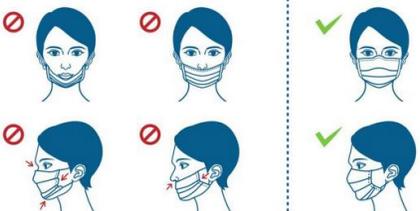
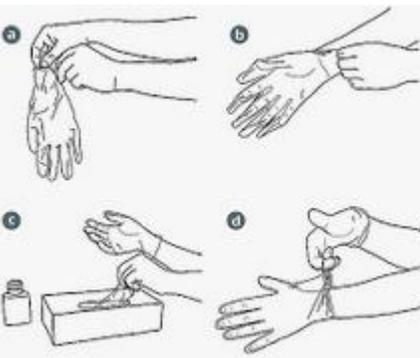
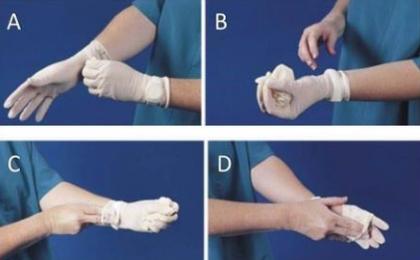


DONNING (Putting on)	<p><b>Disposable Gowns</b></p> <ul style="list-style-type: none"> <li>Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back</li> <li>Fasten in back of neck and waist</li> </ul> <p><b>Reusable Lab Coats</b></p> <ul style="list-style-type: none"> <li>Insert one arm to a sleeve at a time</li> <li>Adjust the shoulders and sleeves until comfortable</li> <li>Close the front of the coat by buttoning all the buttons and make sure that the coat is knee length</li> </ul> 	<p><b>Face Coverings/Masks</b></p> <ul style="list-style-type: none"> <li>Wear the clean cloth face covering by securing it with ties, ear loops, or tying behind the head</li> <li>Make sure it fits snugly but comfortably against side of the face (make sure hands are clean if any adjustments are needed)</li> </ul> 	<p><b>Goggles or Reusable Face Shields</b></p> <ul style="list-style-type: none"> <li>Place over face and eyes and adjust to fit</li> <li>Face coverings are required to be worn underneath the face shields</li> </ul> 	<p><b>Disposable Gloves</b></p> <ul style="list-style-type: none"> <li>Check for holes</li> <li>Put on gloves</li> <li>Move hands around</li> </ul> 
DOFFING (Taking off)	<p><b>Disposable Gowns</b></p> <ul style="list-style-type: none"> <li>Unfasten gown ties, taking care that sleeves don't contact your body when reaching for ties</li> <li>Pull gown away from neck and shoulders, touching inside of gown only</li> <li>Turn gown inside out</li> <li>Fold or roll into a bundle and discard in a regular waste container</li> </ul> <p><b>Reusable Lab Coats</b></p> <ul style="list-style-type: none"> <li>Release closer and open front of coat</li> <li>Pull the sleeve and slide fingers under cuff</li> <li>Pull arm completely from sleeve</li> <li>Repeat pulling the sleeve, sliding fingers off under and pulling arm completely from the sleeve on the other side</li> </ul>  <p><b>Cleaning cloth face coverings</b></p> <ul style="list-style-type: none"> <li>Laundry face coverings daily</li> <li>Dry in high heat</li> </ul>  <p><b>Cleaning goggles and face shields</b></p> <ul style="list-style-type: none"> <li>Disinfect hands before cleaning</li> <li>Apply disinfectant to paper towel or use alcohol cleaning wipes</li> <li>Wipe the front and back of the face shield and goggles</li> <li>Wipe the straps</li> <li>Wipe the foam</li> <li>Place goggles or face shields in an open bag to dry and keep clean until next use</li> </ul> 	<p><b>Disposable Gloves</b></p> <ul style="list-style-type: none"> <li>Pinch glove and roll it down until the glove is completely off in a ball in the palm of the other hand</li> <li>Then slide a finger(s) down and inside the glove on the other hand and pull it off until it's balled around the first glove</li> <li>Throw gloves away immediately and wash hands with soap and water for 20 seconds</li> </ul> 	<p><b>Disposable Gloves</b></p> <ul style="list-style-type: none"> <li>Pinch glove and roll it down until the glove is completely off in a ball in the palm of the other hand</li> <li>Then slide a finger(s) down and inside the glove on the other hand and pull it off until it's balled around the first glove</li> <li>Throw gloves away immediately and wash hands with soap and water for 20 seconds</li> </ul>	

\*\*Lab coats are laundered by the university, do not dispose of them. Place used coats into provided bins.