SPREAD THE WORD. NOT A VIRUS.

TIPS TO STAY WELL

Wash your hands with soap and water or use hand sanitizer that contains at least 60% alcohol.

Don’t touch your eyes, nose and mouth.

Cover your mouth with your elbow when you cough or sneeze.

Find alternate ways to greet people.

Clean and disinfect surfaces often.

If you are sick, stay home and do not travel.

For more information visit uci.edu/coronavirus or cdc.gov

ALSO Call ahead before visiting your doctor

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